

CHILD ABUSE BULLYING PREVENTION AGAINST PEERS IN ELEMENTARY SCHOOL

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ABSTRACT

Child abuse, which includes behaviors such as child abuse, is an undesirable reality in Indonesia. In May 2023, the South Kalimantan P3A Office recorded 118 cases of child abuse. However, this activity focuses specifically on Bullying to increase elementary school children's understanding of how to prevent Bullying. The main activities include education about child abuse and bullying prevention efforts. The targets of this activity were elementary school children in grade 3 of MIM 3 Al-Furqon, Banjar Regency, with a total of 27 participants. The educational methods used include lectures, question-and-answer sessions, material delivery using PowerPoint presentations, and evaluation with post-test questions.

Keywords: Children, Bullying, Child abuse, Education, Child Nursing

INTRODUCTION

Bullying, whether verbal, physical, or on social media, is unpleasant behavior and can cause discomfort, sadness, and psychological distress. Data from the Indonesian Child Protection Commission (KPAI) shows that there were 2,473 cases of Bullying in the world of education and social media from 2011 to 2019. In mid-July 2023, 4 cases of Bullying went viral in the educational environment, with 16 cases recorded from January to July 2023, according to Retno Listyarti. On the other hand, the South Kalimantan P3A Service recorded 118 cases of violence in May 2023, with psychological, physical, and sexual violence, each contributing a specific number in areas such as Banjarmasin City and Tabalong Regency. It is vital to address this issue comprehensively due to its significant impact on future generations. Elementary school is ideal for teaching peaceful conflict management and non-violent values. Changing the culture of violence in schools needs to be taken seriously, involving children, families, schools, and society as a whole.

To prevent Bullying, Muhammadiyah University of Banjarmasin is implementing a community service outreach program in 2024 using educational methods through PowerPoint presentations and learning about how to deal with Bullying. This activity aims to help children avoid bullying behavior and promote the values of peace in conflict.

METHOD

This activity will be carried out for 1 day, Thursday, 13 June 2024, with a time allocation of 40 minutes from 09.00-09.40 WITA. The activity location was at MIM 3 Al-Furqon, with 28 students. This community service is implemented through pre-tests, lectures, question-and-answers, post-tests, and evaluations.

Several stages are as follows:

Preparation

Activities preparation includes equipment, rewards, consumption, class settings, and readiness of grade 4 students. The equipment prepared consists of a projector, laptop, speakers, and microphone. The media used are PowerPoint (PPT) presentations and posters.

Implementation

The activity began by providing pre-test questions and explanations about child abuse in the context of Bullying, as well as presenting a PowerPoint presentation that was appropriate to the material presented. After that, elementary school students answered the post-test questions that had been prepared. Next, posters were given to the students, and the activity ended with the presentation of rewards to the selected students.

Closing

The presenter ended the counseling session by summarizing the activities that day. Students' abilities are assessed by their ability to answer the questions given. This educational program aims to

help children understand the concept of Bullying, from understanding causes to prevention and creating anti-bullying awareness in elementary schools.

RESULT

Preparation

The service team collected information from the field through detailed interviews and observations. This aims to determine the theme of their service, which was chosen together, namely "Bullying in the School Environment," with presentation media in the form of PPT. They also prepare equipment materials and settings to promote student health and readiness. The equipment they prepared included a projector and posters. Apart from that, the service team also prepares individually for each team member.

Implementation

Health promotion activities began with an opening and a session to explore students' Knowledge about Bullying through question-and-answer dialogue. The material was presented regarding the causes and impacts experienced by victims of Bullying and involved question-and-answer interactions. Next, students are taught the right way to deal with bullies after receiving education from the presenters who are part of the service team.

A description of the activities carried out by the service team is depicted in Table 1. Table 4.1 Implementation of MIM 3 AL-FURQON Banjarmasin Activities

N O	ACTIVITY	TIM E	EXECUTOR	METH OD
1	Preparation	09:00 09:10	All members	-
2	Opening	09:10 09:15	Sandy Syah Rajaby and friends	Lecture
3	Material: What is Bullying, consequences of Bullying, prevention of Bullying	09:15 09:30	Muhammad Yusuf Tajiri	Lecture
4	Question and answer with 4th-grade students at Al-Furqon	09:30 09:35	Muhammad Yusuf Tajiri and Sandy Syah Rajaby	Question and answer lecture

	Elementary School			
5	Giving gifts and snacks	09:35 09:38	All Members	-
6	Group photo and presentation of souvenirs in the form of posters to class 4 and closing	09:38 09:40	✕ Razief Faturachman and Muhammad Akmal Ziyad	-

When Counseling is to be carried out, the presenter will give questions to measure the participants' understanding of the topic that will be presented. The pre-test results showed that one out of 28 participants (3.6%) answered question 1 correctly. In comparison, question number 2 was answered correctly by 0 out of 28 participants (0%), and question number 3 was answered correctly by 0 out of 28 participants. (0%).

Table 1. Distribution of Participants' Answers based on Knowledge Before the Counseling on "Child Abuse Prevention of Bullying of Peers in Elementary Schools" at Mim Al-Furqon Elementary School (N=28)

Pre-test						post-test					
n o	ques tion	C or re ct	%	W r o n g	%	n o	ques tion	C or re ct	%	W r o n g	%
1	What is Bullying ?	1	3.6	27	96.4	1	What is Bullying ?	18	64.3	10	35.7
2	How to prevent Bullying ?	0	0	28	100	2	How to Prevent Bullying	18	64.3	10	35.7
3	What is the treatment for Bullying ?	0	0	28	100	3	What is the treatment for Bullying ?	18	64.3	10	35.7

DISCUSSION

The activity was carried out based on the results of this service on MIM 3 al-furqon Banjarmasin class 4B students. The results showed that children could understand and prevent Bullying from their peers in school. Based on the results of the

explanation activity, the most dangerous impact of Bullying is revenge. Children may think that violence against other people is an attempt to take revenge for the Bullying they experience (Handayani, 2021). Socialization prevents Bullying through question-and-answer media and PowerPoint presentations to MIM 3 al furqon class 4B students. With PowerPoint material content: prevention strategies Bullying prevention strategies include several essential steps:

1. Character education for students, such as carrying out Duha prayers and reading and writing Al-Quran activities during recess to prevent bullying behavior.
2. Increased supervision of students by providing attention and advising students involved in Bullying.
3. Handling Bullying acts firmly, including stopping every act of Bullying and providing guidance to the perpetrator. Teachers carry out this coaching to explain the consequences of Bullying.
4. It creates a school culture that supports a positive learning atmosphere and is free from fear. This is done through character education, implementing anti-bullying policies, and increasing awareness about Bullying among students, parents, and the community.
5. We are arranging the school environment so that it is comfortable, beautiful, and green to support student welfare and prevent Bullying.
6. Support positive student activities by providing access to various activity groups. Schools also need to offer complaint channels and dialogue forums between students, parents, and schools to discuss issues related to Bullying, as well as implement clear sanctions against perpetrators of Bullying. (Mustisari (2015).

This community service program involves students from the Muhammadiyah University of Banjarmasin who have the opportunity to develop public speaking, collaborative leadership, and problem-solving so that students can apply them in the future.

CONCLUSION

Activities with the theme of bullying prevention for grade 4 children at MIM Al Furqon Banjarmasin were carried out successfully and received a positive response from the participants. Through an exciting and interactive delivery method, children can understand the concept of Bullying and its impact on victims. The service team also provides techniques or strategies for dealing with bullying situations.

The main points conveyed in this activity include understanding Bullying, the factors that cause it, its impact, and ways to deal with it. Overall, this community service activity is considered very useful in increasing the understanding and awareness of children at SD Al Furqon about the importance of overcoming Bullying, especially among their peers. With consistency in implementing measures to prevent Bullying, it is hoped that children can grow up mentally strong and avoid detrimental psychological impacts in the future.

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